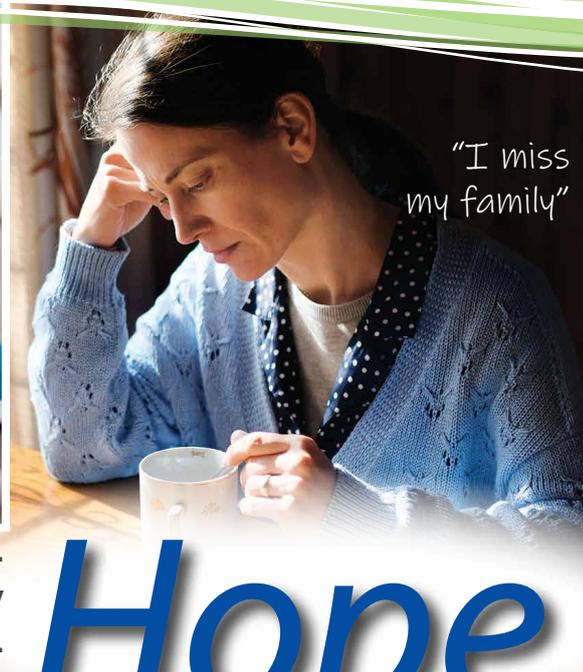


Messages of hope



"Why don't I have any friends?"



"I miss my family"



"Why do I have to do everything alone?"

1 in 3 people feel lonely. That's potentially every 3rd person you meet.

Hope in times of loneliness

Do you ever feel alone?
Know someone who is lonely?

Many feel alone and separated, especially in these times.

People long for connection and friendship.

Julian was lonely and reached out to Messages of Hope through Messenger. Amongst other questions, Julian asked,

"Why don't I have any friends?"

We encouraged him with, "God cares for you. He is always with you. You are not alone. ...God comfort you with the peace of Jesus Christ. ...Praying for you."

Julian responded asking for the "Talking with God" booklet and requested,

"Hey, could you pray for me?"

Hearing that Jesus Christ cares, loves, and is with us gives comfort, peace and hope.

You can discover more at messagesofhope.org.au/loneliness

Help produce resources that offer hope to people who are lonely by giving a donation today.

Donate at lutheranmedia.org.au or call us on 1800 353 350.

Together we can reach people who feel lonely and offer them the hope of Jesus Christ.

"...surely I am with you always..."

Matthew 28:20

Did you know?

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Watch the latest inspiring videos on Loneliness, Anxiety, Wellbeing and many other topics at youtube.com/messagesofhope.



